

PROFESSIONAL PROFILE



Cynthia Schiebel
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Cynthia Schiebel, MEd, LPC-S, LCDC, ACPS

Specialization:

Adults, young adults; Individual & couples

Topics: Relationships, codependency, addictions, attachment, wellness, life changes, spiritual development

Professional consulting, training and speaking, and executive/life coaching

Personal:

Balance respectful confrontation, humor and empathy for an adventurous therapeutic journey

Actively engaged in personal growth and wellness

Travel enthusiast and social cause advocate

Entrepreneur

Licenses & Certifications:

LPC-S - Licensed Professional Counselor-Supervisor

LCDC -Licensed Chemical Dependency Counselor

AAC- Advanced Addictions Counselor

ACPS- Advanced Certified Prevention Specialist

Level II PACT practitioner (Psychobiological Approach to Couple Therapy)

BBC – Board Certified Coach

Summary of Experience:

Professional educator – 28 years

Professional counselor since 1989

Post Induction Therapy training with Pia Mellody (The Meadows)

PACT Level I & II training

Professional trainer, speaker, consultant – local, state, national level
Member of advisory boards and committees in support of individual and organizational well-being
Participant in professional and personal continuous education

Fee structure:

Standard fee for 50-minute session
Do not work with insurance; will provide receipts for client to submit for reimbursement
Fees for consulting, training, speaking - vary
Coaching fees for specific number of sessions
Contact for current fees and payment responsibility

Professional Affiliations:

Texas/National Association of Addiction Professionals
Austin Chapter of TAAP
Texas Counseling Association
Capital of Texas Counseling Association
Texas Association of Student Assistance Professionals – Board
Center for Students in Recovery (UT) – Board
Seton Cove Scholarship Committee - Member
Bouldin Creek Neighborhood Association – Steering Committee
Austin Film Society

Education:

Bachelor of Science – Speech & Hearing Therapy, West Texas A&M University, Canyon, TX
Master of Arts – Speech Communications, WTAMU
Master of Education – Professional Counseling, WTAMU

References:

Available upon request