

PROGRAM PHILOSOPHY

It is the philosophy of the SMART Program that individuals benefit from receiving residential treatment in a corrections setting. The chances for success are increased when residential treatment is followed by an intensive community-based Continuing Care component in order to maintain recovery.

QUOTES FROM FORMER RESIDENTS

“SMART Residential and Continuing Care has benefited me by providing me with the education to understand my addiction. I can handle situations that may occur which could cause me to relapse.”

“SMART has given me a chance to change my life. It has also given me the chance to get a lot of problems out that bother me and to let me get to know myself better.”

“SMART has given me a second chance at life and to actually see what my disease addiction was and/or has done to me so I thank SMART.”

“SMART is a great place to start a new beginning and change your life around.”

“I walked in the door dejected and angry. I walked out of the door SMARTer and calm. SMART saved my life.”

“The SMART Program has given me another chance to turn my life around. I learned a lot of tools to help me stay clean and sober.”

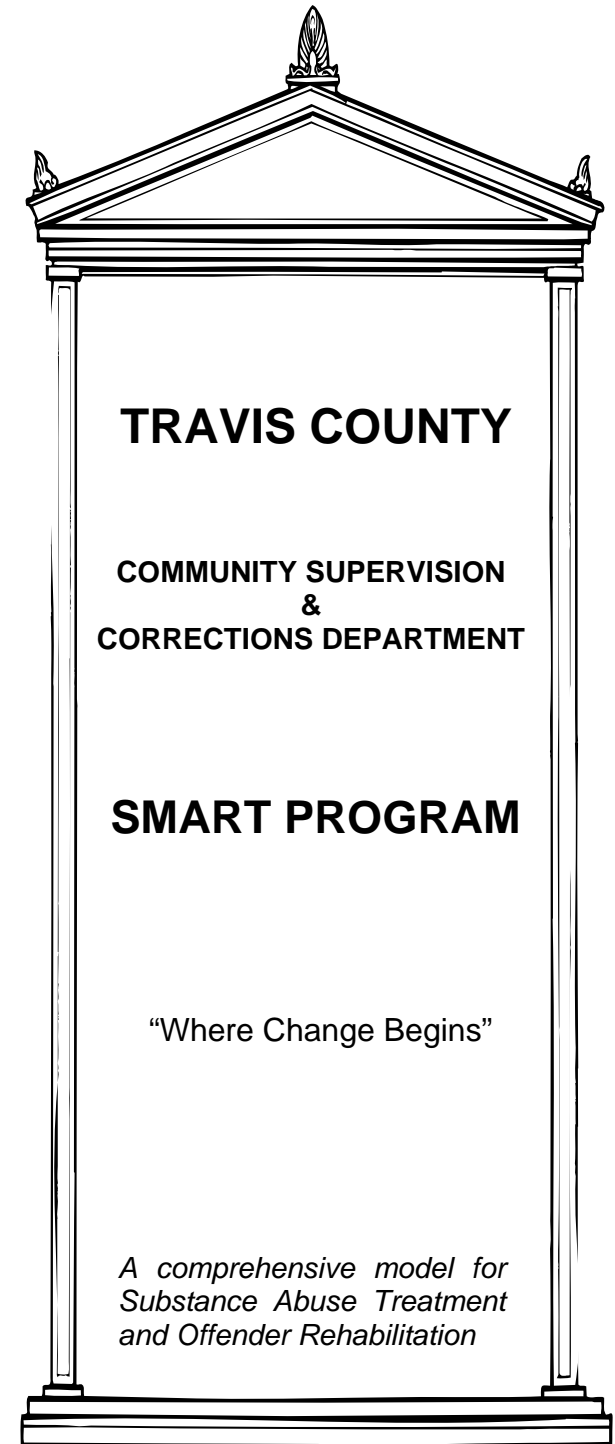
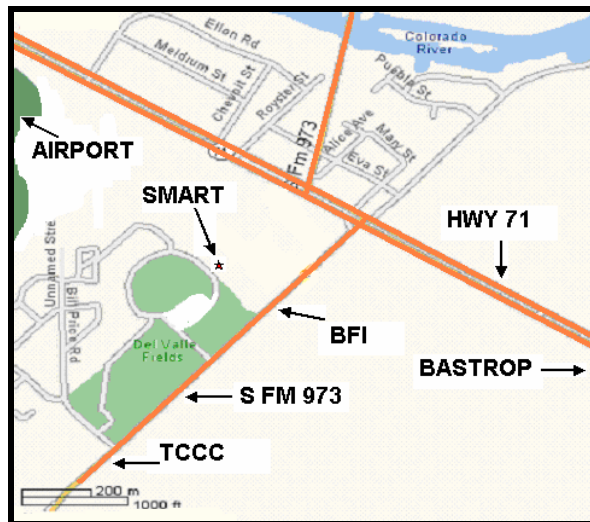
“SMART has given me the power of choice in my life and for that I’m truly grateful.”

Rev. 01-07

SMART Program
3404 South FM 973
Del Valle, Texas 78617

(512) 854-3150

Fax: (512) 247-5567



PROGRAM MISSION

Provide the District Courts with a sentencing alternative for substance abusing offenders by providing intensive substance abuse treatment and offender re-socialization in a community setting.

PROGRAM GOALS

- ★ Reduce recidivism.
- ★ Reduce the cost of alcohol and other drug abuse to the community and assist in providing safer communities.
- ★ Provide offenders with the skills necessary to begin recovery and maintain an alcohol and drug-free lifestyle.
- ★ Create a cognitive shift that promotes pro-social attitudes, beliefs and behavior.
- ★ Provide offenders with the skills necessary to become gainfully employed.
- ★ Assist families in understanding and supporting offenders in recovery.

PROGRAM DESCRIPTION

SMART is a community corrections based substance abuse treatment and offender rehabilitation program for males and females. Residential and Continuing Care services are offered. It is a specialized treatment program designed to meet the needs of offenders.

It is operated by Travis County Community Supervision and Corrections Department (CSCD) and funded by the Texas Department of Criminal Justice – Community Justice Assistance Division.

ADMISSION CRITERIA

- ★ Offenders must be screened for eligibility prior to admission.
- ★ Offenders must have an advanced alcohol or other substance abuse problem.
- ★ Title V offenders are not eligible as per the Community Justice Plan. <http://tlo2.tlc.state.tx.us/statutes/pe.toc.html>
- ★ There must be a court order for participation.
- ★ Intellectual functioning must be at a level where the client is able to comprehend and participate in program activities.
- ★ Dual diagnosed offenders are acceptable if stabilized on medication and psychiatric is not the primary need.
- ★ The offender must not have serious medical problems that would require ongoing medical treatment and/or be unable to participate in the program activities.
- ★ High-risk offenders for violence/ assaultive tendencies are not eligible.
- ★ Pregnant offenders are not eligible.
- ★ The SMART treatment fee is \$10.00 a day for a maximum of \$1120.00.

Please note that due to confidentiality laws information regarding a client will not be released unless the client has signed a release for disclosure of such information.

RESIDENTIAL & CONTINUING CARE SERVICES

Three levels of treatment are provided in residential: Orientation / Exploration, Cognitive Restructuring & Skills Development, and Transition / Relapse Prevention.

- ★ In-depth Diagnostic Assessment
- ★ 20 Week Residential Program
- ★ Group Counseling / Education Services / Cognitive
- ★ Family Groups
- ★ On-site & Community AA/NA Meetings
- ★ Religious Services
- ★ Experiential Counseling Activities
- ★ Community Service Restitution & Pre-employment Training
- ★ Work Release Component
- ★ Exterior Movements Prior to Discharge for Reintegration Purposes
- ★ Specialized Groups for Women
- ★ Specialized Groups for Clients Taking Psychotropic Medications

After completion of the Residential phase, clients are placed in the Continuing Care phase of the program which consists of:

- ★ Weekly, 3 Hour Relapse Prevention Group Counseling for 6 Months
- ★ Individual Sessions Monthly
- ★ Requires Regular Attendance at 12-Step Meetings
- ★ Referral to Community Resources