

Professional Profile

RJ García, M.A., LCDC
Master of Arts in Addiction Counseling
Hazelden Graduate School of Addiction Studies

Office Location:

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Mailing Address:

PO BOX 27512
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Contact Information:

512-614-1299 24/7 Voice-Mail
rjgcounseling@gmail.com

www.rjgcounseling.com

Specializations:

RJ is a Masters level Licensed Chemical Dependency Counselor, who also helps others with:

- Addiction
- Prescription Drug Dependency (Office Based Opioid Treatment – OBOT)
- Grief Issues
- Trauma Issues

RJ is bilingual in English and Spanish, and has a passion for helping the Mexican American community's mental health and recovery from addiction.

Personal:

RJ Garcia is an Addiction Counseling Therapist in private practice in the Austin, Texas area. A native of central Texas, RJ has over twenty years of serving the recovery community. RJ earned a Master of Arts in Addiction Counseling from the world-renowned Hazelden Graduate School of Addiction Studies at the Center City, Minnesota alcohol and drug addiction treatment center.

RJ is dedicated to helping others by meeting them where they are and helping them along the journey of continual healing, growth and transformation. RJ has a special blend of experience in addiction services, education and development, business development and public health expertise. RJ has a unique ability to work with a variety of life experiences and works closely with his clients to define a collaborative approach to recovery.

RJ has been blessed to be married to Mary Kay García since March 2000. They have lived both in Georgetown and the Austin area. They share a wonderful loving home with their two toy poodles Gracie and Diego.

Licenses & Certifications:

LCDC –Licensed Chemical Dependency Counselor
Certified Mediator

Education:

Texas State University-San Marcos
Bachelor of Science, Applied Sociology

Hazelden Graduate School of Addiction Studies
Master of Arts, Addiction Counseling

Summary of Experience:

RJ is a practitioner who strives daily to help to people who have recently completed primary treatment and are transitioning back into everyday home and work life. Some of the difficulties treated include:

- Addiction – Alcohol, Drugs and Prescription Drug Dependency
- Co-occurring disorders, such as alcohol and drug addiction combined other compulsive behaviors.
- Depression
- Anxiety and stress-related conditions
- Post-traumatic stress
- Marital and intimacy issues
- Family and interpersonal relationship problems
- Vocational adjustment problems

Fee structure:

The fee for a:

- 50 minute session is \$130
- 30 minute session is \$65

**** Please contact RJ to discuss Insurance coverage ****

RJ does provide receipts for patients to submit for insurance reimbursement
Fees for training and speaking vary please contact RJ directly at 512-614-1299

Professional Affiliations:

- ~ ACA - American Counseling Association
- ~ NAADAC – The Association for Addiction Professionals
- ~ TAAP – Texas Association of Addiction Professional (Austin)
- ~ Founding Chairperson – Austin – Recovery Oriented Systems of Care