

PROFESSIONAL PROFILE

Katherine Aguirre, MA, LPC
Austin Oaks Church
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Specializations:

Alcohol/Drug Addiction, Christian Counseling, Codependence, Couples Counseling including healing from infidelity, Family of Origin Work, Love Addiction/Love Avoidance, Prepare/Enrich for pre-marital preparation & to strengthen marriages, Trauma

Personal:

- Dedicated professional with over 9 years of counseling experience spanning non-profit agencies, residential treatment, secondary level treatment, private practice, and now Streams Counseling Center at Austin Oaks Church
- Personally engaged in recovery and utilizing the 12 Steps for continuous healing, growth, and transformation
- Pia Mellody/Meadows trained therapist experienced in treating the core issues created during 0-18 yrs old which set people up for developmental immaturity issues, spirituality issues, addiction issues, depression, physical illness, and intimacy issues to name a few
- Known for having a warm, genuine, and open disposition
- Active member of a church and volunteer for Mobile Loaves & Fishes

Licenses & Certifications:

LPC- Licensed Professional Counselor
Prepare/Enrich Facilitator

Education:

Bachelor of Arts in Psychology- The University of Texas at Austin, 2001
Master of Arts in Counseling- St. Edward's University, Austin, TX, 2006
Advanced Diploma in Biblical Counseling- Light University, 2015

Summary of Experience:

- Private Practice for 4 years
- Pia Melody/Meadows trained
- Counselor at The Meadows Texas, an extended care facility for addictions and co-occurring disorders
- Primary Counselor at Spirit Lodge, a residential treatment center for chemical dependence
- Smoking Cessation Counselor at the American Cancer Society
- Adult Counselor Intern at Safeplace, an agency for survivors of sexual assault/sexual abuse and domestic violence

Fee structure:

- The fee for a 50 minute session is \$100; a 75 minute session is \$140
- I currently do not accept insurance, but will provide receipts for clients to submit for reimbursement
- Fees for Family of Origin Intensives, training, and speaking vary

Professional Affiliations:

American Association of Christian Counselors
Christian Counselors of Texas