

## PROFESSIONAL PROFILE

**Name:** Josh K. McAdams, MA, LPC  
**Address:** 1210 Parkway, Austin, TX 78703  
**Phone:** 512.537.3599  
**Email:** josh@mcadamstherapy.com

**Specialization:** Addiction/Dependency; GLBT/Identity Formation; Depression/Anxiety; Spiritual/Emotional Abuse; Emotional Communication and Relationships; Opioid Substitution Therapy; Adolescents

**Personal:** I take a relaxed and client centered approach to therapy. My goal is to meet people where they are and accompany them through the process of developing their purpose and removing potential barriers to living out that purpose.

**Licenses & Certifications:** I am a Licensed Professional Counselor.

**Summary of Experience:** My experience includes group, couples, and individual counseling in a variety of settings including counseling clinics, rehabilitation programs, schools, and now my private practice McAdams Therapy. Psychotherapy has afforded me the opportunity to work with people of all cultures, ages, and sexual identities.

**Fee structure:** 50 minute individual/family session - \$120.00; 70 minute individual/family session - \$150.00; ask me about insurance in network and reimbursement.

**Education:** I have a Masters in Counseling from Texas State University.

### References:

Ms. Becca McConnell, MA, LPC – [www.beccamcconnell.com](http://www.beccamcconnell.com)  
512.608.2563

Mr. Rhea Pledger, MA, LPC – [www.pledgertherapy.com](http://www.pledgertherapy.com)  
512.569.0506

Mr. Chris Farrell, LCSW – 3532 Bee Cave Rd. Austin, 78746  
512.554.1994