

# Transitional Living Profile

Date: 6-08-09

Name: Mentor & Recovery

Gender: Men

Specific location: Central Austin; Koenig and Burnett – 1 mile east of Northland AA  
5704 Adams Ave, Austin, TX 78756

How close is the nearest bus stop? 200 yds

Your ideal or desired resident:

1. Completed a 30 day or longer treatment program.
2. Have registered or in an active outpatient treatment program.
3. Ability to meet financial entry criteria of \$ 600.00. (Two weeks fees of \$175.00 per week in advance and \$250.00 security deposit. First weekly fee will be due on Friday, one week after entrance to the house.)
4. Two referrals with phone numbers and permission for M&R to contact. Must be sponsor, treatment counselor, parole officer or employer.
5. We **request** a six (6) month residency commitment.

Size of house/layout:

Main House: 3br – 3 bath Maximum two men to a room 5 total in the main house

Cottage: 1br - 1bath (Note: this is a contemplative area, no media TV, Computers in the cottage and is open to all members)

Meeting Room – Outdoor converted Garage for AA Meeting Wednesdays and Sundays at 7:30 pm. H&I Meeting alternate Wednesdays

Handicap accessible? No

Fee structure:

\$ 175.00 per week or \$ 700.00/mo - \$ 250.00 deposit

### Philosophy: *More than a bed and a "Big Book"*

M&R offers a safe and purposeful sober living environment for men needing community support as they continue in recovery from their addictions. M&R balances safety, proactive recovery and life skill plans, a positive atmosphere, new lifestyle training and introduction to the recovery and business community for all members who are willing to apply themselves to recovery in atmosphere of purpose, encouragement and accountability.

Our community *inspires and requires*, supporting men to find a new way, a new life and a new happiness through mentorship, direction and support, accountability and action. M&R is about developing skills and attitudes towards living a purposeful sober life.

We are a house with a large heart and an open mind. M&R is not for everyone. But if our members are willing to show up and go to any lengths, we will as well.

### Our Mission

To create an environment where a healthy sober community can grow and nurture individuals who desire a new way of life and to establish an atmosphere of action and recovery so we can be of meaningful service to the Austin community. To provide an environment that perpetuates among our recovery and business family providing opportunities for those caught in the cycle of addiction and unhealthy personal dynamics.

### Our Vision

To Co-Create a Community:

- a. Of men and woman who are recovering and have recovered from a seemingly hopeless disease of mind and body.
- b. A community of experience, strength and hope with the primary purpose of staying sober and helping each other to recover in a healthy, supportive and safe environment.
- c. To keep a mindful perspective on developing and supporting a community that perpetuates recovery, love and service.

### Structure:

Please contact for detail *Code of Conduct* document outlining specific detailed structure, accountability and responsibility of members.

Programs/Activities:

Active community recovery around the home including Sponsor and Mentor presence, interaction and involvement.

12 Step meeting schedule:

Internal - House meeting Sundays 5:30

On-site AA - Sunday 7:30pm and Wednesday 7:30pm (H&I alternate weeks)

Contact information:

Bob Davis

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[www.mentorandrecovery.com](http://www.mentorandrecovery.com)

References:

Mary Hethcock - (Parent of member)

James Fuentes - (Parent of member)

Photos:

