

# **Transitional Living Profile**

**Date:** 4/12/2011

**Name:** A.C.T.S.- North Austin Sober Homes (NASH)

**Specific location:** North Central Austin (78758)

South Meadows (ACTS-IV Women)

## **How close is the nearest bus stop?**

ACTS-IV: ¼ mile (Route 240: Parkfield & South Meadows); ½ mile (Route 392: Braker & Parkfield); 3 additional stops within 1 mile.

## **Your ideal or desired resident:**

We offer one residential location for women in recovery. The ideal resident is one with a strong commitment to sobriety; has a sponsor or is actively seeking a sponsor; participates in a 12-step program; and is employed or actively seeking employment. She should have no history of violent crimes and she must not be a sex offender.

## **Home Layout:**

NASH-IV is a 4-bedroom 2-bath house with an oversized living area, eat-in kitchen, and covered back patio. The house has been recently updated, boasts new carpet and appliances with spacious sleeping accommodations. The house amenities include digital cable TV in the living areas, local and long distance telephone service, a house computer with high speed internet, and wireless internet access for personal computers. We provide paper towels, bath tissue, laundry soap, iron and ironing board, house cleaning supplies, and coffee. Residents must provide their own food and personal toiletries.

**Handicap accessible?** No

## **Fee structure:**

We offer weekly and monthly rates. Call or email for more details.  
We do accept SSI/SSDI and DHS.

**Philosophy:** We believe each person must make an **Active Commitment To Sobriety** (A.C.T.S.) in order to succeed in a transitional living home. Our commitment is to provide a safe, structured, sober living environment for the individual who seeks to apply a 12-Step approach to their life and wishes to gain stability and a sense of purpose by becoming a productive member of society. We treat each resident with

respect and dignity and expect the same of them. The residents' commitment is to remain sober, be responsible and accountable for their actions, follow all house rules, and encourage each other to do the same.

**Structure:** All houses have an on-site manager. It is our firm belief that each resident is responsible for their own actions and their own sobriety; therefore, the house manager's primary duties are to introduce and instruct the new resident to the culture of the home, hold all residents accountable to their commitment to sobriety and good self care, and to ensure that the house rules are being followed. The owner is very active in the management of each house and is available to offer support, guidance, and direction to the residents.

**Programs/Activities:**

1. Residents are required to attend 12-Step meetings, have a sponsor, and actively be working the steps.
2. Residents are required to attend a weekly house meeting.
3. Residents must have a job within 2 weeks of residency regardless of how they are funded.
4. Residents are required to maintain good personal hygiene, complete weekly chore assignments, keep the house clean and orderly at all times, and maintain their own personal space and belongings.
5. Residents are allowed to have family members and friends visit in accordance with the house rules.

**12 Step meeting schedule:**

NASH-IV is conveniently located near various NA, CA, & AA 12-step meetings including: NA24, Club 101 and Northland. The house is also centrally located for easy access to several aftercare and alumni meetings.

**Contact information:**

Mike Archer: 512- 497-2147  
nashhouse1@austin.rr.com

<b><u>References:</u></b>	Charlie Parker	512-784-3410
	Genevieve Elise	512-367-0717
	Tracy Archer	512-803-9821
	Tony Ruiz	512-970-1018

**Photos:**

